



Car Survival and Emergency Kit

- ☐ Kept in a backpack
- ☐ Maintain a minimum of ½ tank of gas
- ☐ Tools needed to change a flat tire
- ☐ Jumper cables
- ☐ Road emergency flares
- ☐ Flashlight with extra batteries – Light Sticks
- ☐ Blanket(s) – (can be Mylar)
- ☐ Whistle (equipped to hang around neck)
- ☐ Food/Power Bar(s)
- ☐ Water: 2-liter soda bottles (filled ¾ full to allow for freeze expansion) Rotate water every six months. Secure for safety
- ☐ First Aid Kit
 - Band aids, gauze, non-adherent sterile pads (various sizes) First aid tape
 - Anti-bacterial ointment
 - Burn cream
 - Scissors, tweezers, pocketknife, razor blades...
 - Large cotton cloth (use for sling, tourniquet, bandage)
 - Non-aspirin pain reliever
 - Chemical ice pack, hand warmer packets
 - Safety pins (various sizes) needles, heavy thread
 - Matches (waterproof)
 - Eye wash
 - Hand wipes (antiseptic) cotton balls, cotton pads
 - Alcohol swabs, iodine (bottle or pads)
 - PRESCRIPTION MEDICATIONS
- ☐ Additional car kit supplies
 - Siphoning Hose
 - Bag of sand or rock salt
 - Tow rope
 - Personal sanitation items (toilet tissue, Towelletes)
 - Writing pad, pencils, road map
 - Ice scraper
 - Dust Mask
- ☐ Collapsible shovel
- ☐ Fire extinguisher (Standard Class ABC)
- ☐ Rubber disposable gloves
- ☐ Coat(s) or Jacket(s) and Rain Poncho
- ☐ Boots/Goulashes

Maintain your vehicle(s) for seasonal changes and...
ALWAYS BUCKLE UP AND DRIVE SAFELY!!